

2020 COURSE INFORMATION FOR WORK SAFELY AT HEIGHTS

**Duration:**

8 Hours

Max Students:

12

Designed for:

Work Safely at Heights course is designed for students who could be required to undertake routine procedures involving working at height. The course is designed to expose students who work at height to a broad range of height risk situations and to correctly implement a safe working procedure. The successful student will be competent to work at height using applicable fall protective equipment.

Pre-requisites:

Nil

Co-requisites:

Nil

Pre-entry Requirements:

Unique Student Identifier (USI) - www.usi.gov.au

Fitness to participate

Language Literacy and Numeracy as required to work safely at heights in the workplace and complete workplace documentation.

Students must be physically capable of climbing a ladder safely maintaining three points of contact.

Description:

This unit covers working safely at heights in resources and infrastructure industries. It includes: identifying the work requirements, work procedures and instructions for the task; accessing and installing equipment; performing work at heights; and cleaning up the work area.

Content:

The following items are covered during the conduct of the training:

- WH&S Legislation, Height Safety Regulations, Codes Of Practice & Australian Standards
- Correct use of Height Safety Equipment
- Elevated Working Platforms & Scaffolds
- Case Studies from industry
- Risk Assessment & Hierarchy of Hazard Control
- Management & Employee responsibilities
- Fall Arrest Devices & Safety Equipment
- Safe Ladder Techniques
- Equipment Inspection & Maintenance requirements
- Setting up a fall restraint system
- Emergency Procedures including Height Rescue Procedures
- Suspension Trauma
- Developing Site Procedures & Safe Work Methods

CITB Funding SA courses only (Total cost with valid membership is \$215.00). To enrol into a CITB funded course, please contact the SA Training Coordinator on 1800 655 510 or email training@fsaus.com.au.

**Unit of Competency**

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Students learning outcomes will be assessed using practical activities designed to simulate the work environment and written questions as appropriate. Upon successful completion of the course, participants will be issued with a Statement of Attainment.

Delivery Method:

Classroom theory via PowerPoint presentations, including audio-visual material, practical desktop activities and discussion.

Practical components using height safety equipment in a range of work simulated scenarios.

October 2020

Date	Course	Start time	Finish time	Location
Tue 06	Work Safely at Heights	8:30AM	4:30PM	Sorell
Mon 12	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Thu 22	Work Safely at Heights	8:30AM	4:30PM	Salisbury
Mon 26	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Fri 30	Work Safely at Heights	8:30AM	4:30PM	Smithfield

November 2020

Date	Course	Start time	Finish time	Location
Mon 09	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Wed 18	Work Safely at Heights	8:30AM	4:30PM	Canning Vale 1
Fri 27	Work Safely at Heights	8:30AM	4:30PM	Derrimut

December 2020

Date	Course	Start time	Finish time	Location
Tue 08	Work Safely at Heights	8:30AM	4:30PM	Salisbury
Fri 11	Work Safely at Heights	8:30AM	4:30PM	Mulgrave
Fri 11	Work Safely at Heights	8:30AM	4:30PM	Wingfield
Wed 16	Work Safely at Heights	8:30AM	4:30PM	Smithfield